



POST-OPERATIVE INSTRUCTIONS

1. Avoid chewing in the area of surgery until the doctor instructs you to do so.
2. Avoid brushing or flossing in the area of surgery until instructed to do so.
3. Rinse twice daily with chlorhexidine mouth rinse (or whatever other mouth rinse the doctor prescribes). Do NOT rinse vigorously.
4. No strenuous activity for 48 hours following surgery.
5. Avoid hot or spicy foods and drinks until instructed that they are safe to have.
6. Take all prescribed medications as instructed.
7. Contact the office if you have any problems, questions, or concerns.

To contact the answering service after hours, please call 514.981.5130